

Presenter: Jeannie Saum of BEEpothecc

Jeannie Saum



- Jeannie Saum, – B.S.Ed, M.Ed. is a retired educator of 36 years, a beekeeper, and co-owner of BEEpothecary, a small business that produces dietary supplements, skincare and shaving products made with propolis and other beehive resources. Jeannie is an avid gardener, seamstress, knitter, and writer, providing magazine articles about hive resources. She enjoys teaching others about the health benefits of value-added hive products.



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Vip Balm Recipe

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Ingredients:

- 5 parts oil
- 2 parts butter
- 3 parts beeswax

For every 1/4 Cup of product add;

- 1/8 tsp. Vitamin E
- 1/8 tsp. Honey
- 2 - 8 drops EO's or FO's

Instructions

1. Melt 1st three < 160°F
2. Cool to 120°F,
3. Add honey, Vit. E, EO/FO's
4. Mix—immersion blender
5. Test spoon - freezer
6. Pour into tubes. .
7. Cool, trim, cap.



How Much to Make



Lip Balm Tubes

Standard Tubes - .15 oz.

Oval Tubes - .15 oz.

Slim Tubes - .07 oz.

1 TBS = .5 oz.

1 Cup = 16 Tbs.

Recipe Amount



Figure recipe parts using teaspoons

Make a little extra for waste

For 10 Tubes - total of 1.5 oz - 3 Tbs

For 25 Tubes - total of 3.75 oz - 7.5 Tbs

For 50 Tubes - total of 7.5 oz. - 15 Tbs





V



Louisa Householder

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