

patient : John Stark weather

Present symptoms

- Initially thought he had (1)_____ or may be even a (2)_____ infection.
- Started noticing these thick (3)_____ areas on his skin and sort of little raised patches on the outside of (4)_____ and over (5)_____ and on the (6)_____
- Vary painful sometimes
- It feels as the skin's (7)_____
- Itchiness worse at night
- Reports insomnia
- Feels tired most of the time
- Affects his work as a tour guide

Treatment ineffective

- Brought some cream from the (8)_____
- Tried a (9)_____ soap

Past medical history

- Used to get (10)_____ as a teenager
- Last year picked up scabies from hostels and (11)_____ infection
- No abnormalities detected in recent urine test

General mood

- Reports self confidence affected by condition
- As affected his social life
- Reports feeling depressed
- Concerned not to have commenced treatment yet

Recommended tests

Has appointment for a skin (12)_____ next week



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patient : Chris Davis (student)

History of condition

- 2 years ago, took a fall while (13)_____ and hurt on right wrist
- X ray came back negative and given exercises to do one year ago hurt right (14)_____ when he fell from a (15)_____
- On going pain to right lateral shoulder
- Has visited clinic ten times reporting joint injuries

Current symptoms

- Aggravated by (16)_____ in the gym or rowing and free weights
- Constant pain throughout the day.

- Some (17)_____ disturbance when on right side.
- Generally in good health
- Reports that right wrist and (18)_____ sometimes feel cold (no apparent reason)
- No decreased blood flow or (19)_____

General medical history

- Acne on face and back (mid teens)
- Little effect from
- Initial treatment with Benzoyl (20)_____
- Antibiotics
- Avoiding (21)_____ products
- Prescribed stronger medication by (22)_____
- Some improvement but caused cracked (23)_____
- reports episodes of (24)_____



23. You hear a GP talk about diagnosing type 2 diabetes mellitus

why should a fasting plasma glucose test be booked in the morning ?

- A. The patient will need to attend an hour appointment
- B. The test will need to be carried out twice
- C. To allow the patient to eat during the day



What does Dr. Simms point out about the idea of social prescribing by GP's?

- A. It has been promoted as the part of their practice
- B. It was initially developed in her own local area
- C. It hasn't been well received by them all

32. When Dr. Simms first heard about social prescribing, she was worried that

- A. She would no longer have a say in her patient's treatment
- B. Some of her patients won't want to see her any more
- C. She would be allocated less time with her patients

33. Why did Dr. Simms choose a gardening project for her patients ?

- A. Previous patients of hers had done it
- B. It offered them a range of health benefits
- C. The emphasis on physical fitness appealed to them

34. Initially, Dr Simms was concerned that her patients on the gardening project might

- A. Be put off by the demanding nature of the work
- B. Injure themselves whilst working on the garden
- C. Feel frustrated by the scale of the project

35. Dr. Simms was pleased, in their feedback, all three of her patients mentioned ?

- A. How much they enjoyed spending time outdoors
- B. Feeling satisfaction of the completion of task
- C. A willingness to take part in future projects

36. Looking back at the project, Dr. Simms now understands that the success of social prescribing depends upon

- A. The type of activity that is selected
- B. The attitude of individual patients
- C. The central role played by the GP



Dr. Hussein says that patients with cystic fibrosis

- A. May find the side effects alarming
- B. Tend to require treatment from a young age
- C. Can improve their condition with frequent hospital visits

38. What does Dr. Hussain say is difficult when treating patients who are not in hospital

- A. They often find the exercises too complicated
- B. They tend to have difficulty socializing with other people
- C. They don't always understand the importance of their treatment

39. What does Dr. Hussain say about the role of distraction therapy in cystic fibrosis treatment

- A. It can be related to the treatment being provided
- B. It allows patient to complete their activities more quickly
- C. It provides staff with more information about the patient's condition

40. What changes did Dr. Hussein observe in one of her patients?

- A. He showed respiratory improvement
- B. He deteriorated rapidly following a change in treatment
- C. He began to enjoy aspects of their treatment

41. Dr. Hussein plans to use technology to help cystic fibrosis patients to communicate

- A. With other patient who suffer from the condition
- B. With family members who cannot visit them in hospital
- C. With patients of a similar age suffering from different condition.

42. Dr. Hussein suggests that future treatments for cystic fibrosis

- A. Will always incorporate lengthy procedures
- B. Could prevent breathing difficulties sufferers
- C. Might be less painful than the current option available



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