



forget the
sheet!

The **POWER** of Assets™





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ASSET NAME AND DEFINITION

1. Family Support–Family life provides high levels of love and support.
2. Positive Family Communication–Young person and her or his parent(s) and the young person is willing to seek advice and counsel from parents.
3. Other Adult Relationships–Young person receives support from three or more adults.
4. Caring Neighborhood–Young person experiences caring neighbors.
5. Caring School Climate–School provides a caring, encouraging environment.
6. Parent Involvement in Schooling–Parent(s) are actively involved in helping their child succeed in school.
7. Community Values Youth–Young person perceives that adults in the community value youth.
8. Youth as Resources–Young people are given useful roles in the community.

23. Homework-Young person reports doing at least one hour of homework every school day.

24. School-Young person cares about her or his school.

25. Reading for Pleasure-Young person reads for pleasure three or more hours per week.

26. Altruism-Young person places high value on helping other people.

27. Equality and Social Justice-Young person places high value on promoting equality and reducing hunger and poverty.

28. Integrity-Young person acts on convictions and stands up for her or his beliefs.

29. Honesty-Young person "tells the truth even when it is not easy."

30. Responsibility-Young person accepts and takes personal responsibility.

31. Restraint-Young person believes it is important not to be sexually active or to use alcohol or other drugs.

32. Planning and Decision Making-Young person knows how to plan ahead and make choices.

33. Interpersonal Competence-Young person has empathy, sensitivity, and friendship skills.

34. Cultural Competence-Young person has knowledge of and comfort with people of different cultural/racial/ethnic backgrounds.

35. Resistance Skills-Young person can resist negative peer pressure and dangerous situations.

36. Peaceful Conflict Resolution-Young person seeks to resolve conflict nonviolently.

37. Personal Power-Young person feels he or she has control over "things that happen to me."

38. Self-Esteem-Young person reports having high self-esteem.

39. Sense of Purpose-Young person reports that "my life has purpose."

40. Positive View of Personal Future-Young person is optimistic about her or his personal future.

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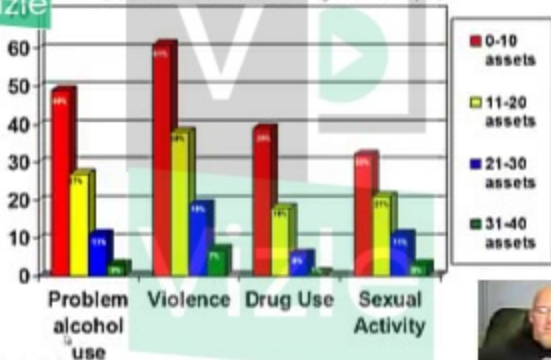
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Protecting Youth From High Risk Behaviors

(Results from over 200,000 6-12 graders surveyed)





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